

Course name: **Foundations of Creativity**

No. of ECTS: **2**

Aim:

The subject aims at introduction of basic definitions in the field of creation, developing divergent thinking (liquidity, versatility and uniqueness of thinking), ability to resolving problems in a creative way, ability to spot and give new meanings to reality, shaping a creative attitude, which is open for gaining inspiration for development from the surrounding world.

Course content:

- Understanding of creativity definition;
- Creative situation – accident or an act of deliberate play with the environment?
- Heuristics – thinking through analogy, metaphor, abstraction;
- How to resolve problems in a creative way? - chosen methods of creative resolutions;
- Review of personal creative resources. Searching for an inspiration;
- Deliberate creation of creative situations leading to a personal development.

Skills:

After completing the subject students are able to discuss the differences between heteronomic and autonomic visions of a human, to list chosen heteronomic visions, to describe various methods of resolving problems and relate them to the appropriate concepts of a human. Moreover, students develops their skills in the field of interpersonal communication using specialist language, communication in a precise and coherent way using various channels of communication. They are also able to work individually and in a group designing and diagnosing for people in various stages of their lives, actively participating in groups, organizations and institutions realizing psychological works. Students also reflect an active attitude towards solving scientific problems based on analysis and evaluation of accessible data. They critically analyze their own views and are ready for changes and development of their knowledge individually.

Form of teaching:

Workshops